



**Faculty of Pain Medicine**  
**College of Anaesthesiologists & Intensivists of Sri Lanka**

# 13<sup>th</sup> Annual Academic Sessions, 2025

*From Insight to Impact; Transforming Pain Care*

## LIVE VIRTUAL CONFERENCE

**Saturday, 25<sup>th</sup> October**  
**1.00 PM - 4.30 PM**

**Sunday, 26<sup>th</sup> October**  
**10.00 AM - 4.30 PM**

### **Symposium 1** **Chronic Pain Unravelling, Mechanisms, Management & Risks**

Beyond the Prescription; Analgesic related Harm and Challenges in Chronic Pain Therapy  
*Dr Prit Anand Singh, Singapore*

Understanding and Recognition of Nociceptive pain  
*Dr Gautam Das, India*

Pharmacological Management of Back Pain  
*Dr Victor Mendis, UK*

Backpain; When is Surgery the Right Call?  
*Dr Prasanna Gunasena, Sri Lanka*

### **Symposium 2** **Acute Pain Care; Improving Outcomes**

Challenges to Effective Pain Care in Poly-trauma  
*Dr Gan Kiat Kee, Malaysia*

Transition from Acute to Chronic pain - How can we intervene?  
*Dr Dhruv Bibra, India*

Faster, Safer, Smoother; Regional Blocks in ERAS pathways  
*Prof Paul Kessler, Germany*

### **Symposium 3** **Transforming Pain Care: Sri Lanka's Roadmap**

Barriers to Pain Research  
*Prof Vasanthi Pinto, Sri Lanka*

Sri Lanka's Pain Care Journey: Current Landscape  
*Dr Prasadini Karunaratne, Sri Lanka*

### **Symposium 4** **Pain in Special Groups**

Overcoming Barriers in Pain Management in the Obese Patients  
*Dr Jayathi Subasinghe, Sri Lanka*

A Holistic Approach to Suffering  
*Dr Hemantha Kumarihami, Sri Lanka*

Unspoken Distress; Optimizing Pain management in Sedated, Mechanically ventilated Patients  
*Prof Saman Nanayakkara, Sri Lanka*

### **Symposium 5** **Integrated Pain Care**

Beyond the Prescription; Patient Centred Strategies For Chronic Pain Management  
*Dr Bronwyn Thompson, New Zealand*

New Psychotherapeutics for Pain Management  
*Dr Nisansala Liyanage, Australia*

Place of Gut Microbiome in Pain Management  
*Dr Subodha Thanthulage, UK*

Prolotherapy in Chronic Pain  
*Dr Helen Gharaei, Israel*

### **Symposium 6** **Pain in Life Span**

Essentials in Chronic Pain Management in Paediatrics  
*Dr Harriet Scott, UK*

Breaking the Silence, Barriers to Effective Pain Management in Dementia  
*Dr Dev Srivastava, Scotland*

Safe Analgesic use in Elderly with Rheumatological Pain; Minimizing Polypharmacy Risks  
*Dr Chaturika Dandeniya, Sri Lanka*

### **Symposium 7** **Interventional Pain Management**

Advances in Interventional Strategies for Pancreatic Pain: What's New & what's next?  
*Prof Kawsar Sardar, Bangladesh*

Neuromodulation for Pain Management  
*Dr Georgios Matis, Greece*

Precision Pain Relief, Role of Radiofrequency Ablation in Chronic Pain Management  
*Dr Swati Bhat, India*



**Scan to register**

**CPD Credits**  
**MoH - 8.5**  
**RCoA - Pending**