

Faculty of Pain Medicine
College of Anaesthesiologists and Intensivists of Sri Lanka

13th Annual Academic Sessions 2025

From Insight to Impact; Transforming Pain Care

25th and 26th October 2025, Virtual Conference Platform

Programme

Inauguration 1.00 PM (SL time) Onwards

- Welcome guests, Opening Remarks and National anthem
- Welcome Address
 Dr Prasadini Karunaratne
 Head, Faculty of Pain Medicine, COAISL
- Address by the President of College of Anaesthesiologists and Intensivists of Sri Lanka
 Dr Vinodini Wanigasekara
- Introduction of the Chief guest
- Address by the Chief Guest – Dr Victor Mendis
- Introduction of the Key note speaker
- Key Note Speech – Dr Paul Kessler

SYMPOSIA

1. Chronic Pain Unravelling; Mechanisms, Management & Risks
2. Acute Pain Care; Improving Outcomes
3. Transforming Pain Care: Sri Lanka's RoadMap.
4. Pain in special groups
5. Integrated Pain Care]
6. Pain in the Life Span
7. Interventional pain management

Day 1

25th of October 2025

Symposium 1- Chronic Pain Unravelling, Mechanisms, Management & Risks

2.00 pm-3.30pm

- **Beyond the Prescription; Analgesic related Harm and Challenges in Chronic Pain Therapy**
 - Prof Prit Anand Singh, Singapore
 - **Understanding and Recognition of Nociceptive pain**
 - Dr Gautam Dass. India
 - **Pharmacological Management of Back Pain**
 - Dr Victor Mendis. United Kingdom
 - **Backpain; When is Surgery the Right Call?**
 - Dr Prasanna Gunasena- Sri Lanka
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Symposium 2- Acute Pain Care; Improving Outcomes

3.30 – 4.30pm

- **Challenges in Poly- trauma**
Dr Gan Kiat Kee - Singapore
 - **Transition from Acute to Chronic pain - How can we intervene**
Dr Dhruv Bibra- India
 - **Faster, Safer, Smoother; Regional Blocks in ERAS pathways**
Dr Paul Kessler
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Day 2

26th of October 2025

Symposium 3- Transforming Pain Care: Sri Lanka's Roadmap.

8.00 am-11.00 am

- **Barriers to Pain Research**
Prof Vasanthi Pinto
- **Sri Lanka's Pain Care Journey: Current Landscape**
Dr Prasadini Karunaratne

Symposium 4 – Pain in Special Groups

11.00 am- 12.00 pm

- **Overcoming Barriers in Pain Management in the Obese Patients**
Dr Jayathi Subasinghe- Sri Lanka
- **A Holistic Approach to Suffering**
Dr Hemantha Kumarihami- Sri Lanka
- **Unspoken Distress; Optimizing Pain management in Sedated, Mechanically ventilated Patients.**
Prof. Saman Nanayakkara

Symposium 5- Integrated Pain Care

12.00 pm- 1.30 pm

- **Beyond the Prescription; Patient Centred Strategies For Chronic Pain Management**
Dr Bronwyn Thompson, New Zealand
- **New Psychotherapeutics for Pain Management**
Dr Nisansala Liyanage, Australia
- **Place of Gut Microbial in Pain Management**
Dr Subodha Thanthulage - United Kingdom
- **Prolotherapy in Chronic Pain**
Dr Helen Ghareai, Israel

1.30 pm to 2pm – Lunch Break

Symposium 6 - Pain in Life Span

2.00 pm - 3.00 pm

- **Essentials in Chronic Pain Management in Paediatrics**
Dr Harriot Scott- UK
 - **Breaking the Silence, Barriers to Effective Pain Management in Dementia**
Dr Dev Srivastava- Scotland
 - **Safe Analgaesic use in Elderly with Rheumatological Pain; Minimizing Polypharmacy Risks**
Dr Chaturika Dandeniya – Sri Lanka
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Symposium 7- Interventional Pain Management

3.00 pm - 4.00 pm

- **Advances in Interventional Strategies for Pancreatic Pain: What's New & what's next?**
Prof Kawsar Sardar- Bangladesh
 - **Neuromodulation for Pain Management**
Dr Georgios Matis- Germany
 - **Precision Pain Relief, Role of Radiofrequency Ablation in Chronic Pain Management**
Dr Swati Bhat- India
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4.00 pm - Quiz Finale (Sri Lanakan time)

4.30 pm - Closing Remarks