

COLLEGE OF ANAESTHESIOLOGISTS & INTENSIVISTS OF SRI LANKA

Preparatory Course for Selection examination MD_{Anaesthesiology}

FEBRUARY – 2025 ON ZOOM PLATFORM

1st WEEKEND

| 1st February 2 | 2025 Saturday |
|----------------|---------------|
|----------------|---------------|

| 12.00 – 12.30pm | Registration and Introduction | Prof Vasanthi Pinto |
|-----------------|-------------------------------|------------------------|
| | | Dr Lakmali Samaraweera |
| 12.30 – 1.30 pm | Pharmacodynamics | Dr Jeewani Rajasinghe |
| 1.30 – 2.30 pm | Flow and Volume | Dr Malin Gunawardena |
| 2.30 – 4.30 pm | Graphs & Exponentials | Dr P Warusavitharana |

2nd February 2025 Sunday

| 8.00 – 9.00 am | Control of Ventilation | Dr Upul Ranjith |
|------------------|----------------------------------------------------|-------------------------|
| 9.00 – 10.00 am | Carriage of CO ₂ , Hypo and Hypercarbia | Dr Upul Ranjith |
| 10.00 – 11.00 am | IV Anaesthetic Agents | Dr S Premakrishna |
| 11.00 – 12.00 pm | Pharmacology of Inhalational Agents | Dr Deepani Wijesinghe |
| 12.00 – 1.00 pm | Lunch | |
| 1.00 – 2.00 pm | V/Q & Oxygenation | Dr Chandana Karunaratne |
| 2.00 – 3.00 pm | ODC & O2 Carriage | Dr Chandana Karunaratne |

2nd WEEKEND

15th February 2025 Saturday

| 12.00 –2.00 pm | Acid base Balance | Dr Mithrajee Preamaratne |
|----------------|---------------------------|--------------------------|
| 2.00 – 5.00 pm | Principles of Measurement | Dr P Warusavitharana |

16th February 2025 Sunday

| 8.00 - 9.00 am | Signal Reproduction | Dr Buddhika Vidanagama |
|-----------------|----------------------------|---------------------------|
| 900 – 10.00 am | Transducers | Dr Buddhika Vidanagama |
| 10.00– 12.00 pm | Haemodynamic Monitoring | Dr Senani Samarainghe |
| 12.00 – 1.00 pm | Lunch | |
| 1.00-3.00 pm | Neuromuscular Transmission | Dr Kavya Boteju |
| 3.00 – 4.00 pm | Neuromuscular Blockers | Dr Gitanjali Jayathillake |

3rd WEEKEND

1st March 2025 Saturday

| 11.30 – 12.30 pm | Theatre Pollution & Scavenging | Dr Bimal Kudavidanage |
|------------------|--------------------------------|-----------------------|
| 12.30 – 1.30 pm | Pressure Regulators | Dr Janaki Arulmoli |
| 1.30 – 4.30 pm | Biological Potentials | Dr P Warusavitharana |

2nd March 2025 Sunday

| 8.00 – 9.30 am | ECG Interpretation | Dr Manura Lekamwattage |
|------------------|-----------------------|-------------------------|
| 9.30 – 11:00 am | Local Anaesthetics | Dr Gayani Walpola |
| 11.00 – 12.00 am | Opioids & Antagonists | Dr Tharanga Perera |
| 12.00 - 1.00 pm | Lunch | |
| 1.00 - 2.30 pm | Pharmacokinetics | Dr Gita Jayathilaka |
| 2.30 - 4.30 pm | Mixed Venous Oxygen | Dr Chandana Karunaratne |

| 4.30 – 6.30 pm | Lung Mechanics | Dr Chandana Karunaratne |
|-----------------|----------------|-------------------------|
| 4th WEEKEND | | |
| 15th March 2025 | Saturday | |

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|------------------------|---------------------------------------------------|-------------------------|
| 12.00 – 1.30 pm | Isomerism | Dr Chamila Jayasekera |
| 1.30- 3.00 pm | Gas & Vapour Analysis | Dr Nandika Wanigasinghe |
| 3.00 – 4.30 pm | Anticoagulants, Antifibrinolytics & Antiplatelets | Dr Anura Abeysundara |

16th March 2025 Sunday

| 8.00 – 10.00 am | Renal Physiology | Dr Keshari de Silva |
|------------------|------------------|----------------------|
| 10.00 – 12.00 am | CVS Physiology | Dr Tithira Jayaweera |
| | | |
| 12.00 – 1.00 pm | Lunch | |

5th WEEKEND

29th March 2025 Saturday

| 11.00 – 12.00 pm | Radiological Investigations in Anaesthesia and Intensive | Con. Radiologist/Dr Bimal |
|------------------|----------------------------------------------------------|---------------------------|
| | Care | Kudavidanage |
| 12.00 – 1.00 pm | Anaesthetic Machine | Dr Vihara Dassanayake |
| 1.00 – 2.00 pm | Antihypertensives | Dr Vihara Dassanayaka |
| 2.00 – 4.00 pm | Methods of Sterilization | Dr Suharshana Jayasekera |

30th March 2025 Sunday

| 9.00 - 10.00 am | Autonomic Nervous System | Dr Chamil Perera |
|-----------------|----------------------------------------|--------------------------|
| 10.00- 11.00 am | Physiology of Nerve & Muscle | Dr Amila Jayasinghe |
| 11.00- 12.00 pm | Inotropic & Vasoactive Agents | Dr Dilrukshi Perera |
| 12.00 - 1.00 pm | Lunch | |
| 1.00 – 2.30 pm | Measurement of Neuromuscular Blockade | Dr Haritha Dharmakeerthi |
| 2.30 – 3.30 pm | Assessment of Awareness in Anaesthesia | Dr Haritha Dharmakeerthi |
| 3.30 – 5.00 pm | Regulation of ICP | Dr Deepaka Amaraweera |

6th WEEKEND

26th April 2025 Saturday

| 12.30 – 1.30 pm | Humidifiers | Dr Charaka Yapa |
|-----------------|---------------------|--------------------------|
| 1.30 – 2.30 pm | Vapourisers | Dr Charaka Yapa |
| 2.30 – 3.30 pm | Measurement of NIBP | Dr Chandana Karunarathna |
| 3.30 – 4.30 pm | Measurement of IBP | Dr Chandana Karunarathna |

27th April 2025 Sunday

| 9.00 – 10.00 am | Organ Blood Flow | Dr S Mathanalagan |
|------------------------------------------|----------------------------------------------|-------------------|
| 10.00 – 11.00 am | Shock | Dr S Mathanalagan |
| 11.00 – 12.00 pm | Tutorial on Antimuscarinics& Reversal Agents | Dr Lakmini Perera |
| | | |
| 12.00 – 1.00 pm | Lunch | |
| 12.00 – 1.00 pm 1.00 – 2.00 pm | Lunch Physiology of Liver | Dr Vishaka Kerner |

7th WEEKEND

10th May 2025 Saturday

| 12.30 – 1.30 pm | Communication skills | Dr Jayathi Subasinghe |
|-----------------|------------------------------------------------|-----------------------|
| 1.30 – 2.30 pm | Principles of Pulse Oximetry | Dr Dimuthu Gunasena |
| 2.30 – 3.30 pm | ETCO2 Analysis & Interpretation of Capnography | Dr Dimuthu Gunasena |

| 11 th May 2025 <mark>Sunday</mark> | | |
|-----------------------------------------------|--------------------------------------|-------------------------|
| 8.00 – 9.00 am | Cardiac Output and Venous Return | Dr Chamil Perera |
| 9.00 – 10.00 am | Physiology of Exercise | Dr Champika de Alwis |
| 10.00 – 11.00 am | Haemostatic Mechanisms | Dr Thusitha Jayathilaka |
| 11.00 – 12.00 pm | Body Fluids | Dr Thusitha Jayathilaka |
| 12.00 – 1.00 pm | Lunch | |
| 1.00 – 2.00 pm | Physiological effects of Haemorrhage | Dr Harini Jagoda |
| 2.00 – 3.00 pm | Temperature Monitoring | Dr Malin Gunawardena |
| 3.00 – 4.00 pm | Antiarrhythmics | Dr Senaka Weerakoon |

Dr Hemantha Kumarihamy

8th WEEKEND

3.30 – 5.00 pm

Statistics I

24th May 2025 Saturday

| 12.30 – 1.30 pm | Breathing Circuits | Dr Hemantha Rajapaksha |
|-----------------|------------------------------------|---------------------------|
| 1.30 – 2.30 pm | Physiology of Pain | Dr Prasadini Karunarathna |
| 2.30 – 3.30 pm | Physiology of Valsalva & IPPV | Dr Lakmi Hewage |
| 3.30 – 4.30 pm | Respiratory Measurements | Dr Chandana Karunarathna |
| 4.30 – 5.30 pm | Tutorial on Respiratory Physiology | Dr Chandana Karunarathna |
| 5.30 – 6.30 pm | Statistics II | Dr Hemantha Kumarihamy |

25th May 2025 Sunday

| 8.00 – 9.00 am | Metabolic Response to Trauma | Dr Chintha Kariyawasam |
|------------------|---------------------------------|---------------------------|
| 9.00 – 10.00 am | Endocrine Physiology | Dr Ashani Rathnayaka |
| 10.00 – 11.00 am | Renal Function Tests | Dr Shammi Gamage |
| 11.00 – 12.00 pm | Potassium Homeostasis | Dr Piyusha Jayawardena |
| 12.00 – 1.00 pm | Calcium Homeostasis | Dr Piyusha Jayawardena |
| 1.00 – 2.00 pm | Lunch | |
| 2.00 – 3.00 pm | Electricity & Electrical Safety | Dr Janaki Arulmoli |
| 3.00 – 4.00 pm | Recorders and Display Units | Dr Roshana Mallawarachchi |

9th WEEKEND

7th June 2025 Saturday

| 12.30 – 1.30 pm | Tutorial on CVS Physiology | Dr Tithira Jayaweera |
|-----------------|-------------------------------------------|----------------------|
| 1.30 – 2.30 pm | Clinical Applications of Pharmacokinetics | Dr Sandya Somaweera |
| 2.30 – 3.30 pm | Clinical Applications of Pharmacodynamics | Dr Sandya Somaweera |

8th June 2025 Sunday

| 8.00 – 10.00 am | Tutorial on Physics | Dr Buddhika Vidanagama |
|------------------|---------------------------------------------------------------|--------------------------|
| 9.00 – 10.00 am | Principles of CT/MRI/Laser | Dr Bimal Kudavidanage |
| 10.00 – 12.00 pm | Doppler, Ultrasound & newer imaging techniques | Dr Bimal Kudavidanage |
| 12.00 – 1.00 pm | Lunch | |
| 1.00 – 2.00 pm | Tutorial on Anticoagulants, Antifibrinolytics & Antiplatelets | Dr Chamila Pilimatalawwe |
| | | |

10th WEEKEND

21st June 2025 Saturday

22nd June 2025 Sunday

The format of the course would be mostly interactive with participants being expected to be prepared for discussions, having gone through the relevant reading material.

Course Fee:

Full Course: Rs 15,000.00 Physiology only: Rs 10,000.00

Registration – The course fee should be paid to

Online payment is available on https://anaesthesia.lk website.

Please note that cash payments will not be accepted.

A copy of paying in slip should be forwarded to the College e mail office@anaesthesia.lk with your name, contact number and e mail address.

Or

The course fee should be paid online https://anaesthesia.lk (College website).

*If you are willing to join the course please send your name, e mail address and the contact number to the college email anascolsl@gmail.com for official use.

Dr Lakmali Samaraweera,

Consultant Anaesthetist / Secretary Education - COAISL Office:0112873300/0706182726, email office@anaesthesia.lk, website: https://anaesthesia.lk

Helpful reference material

RECOMMENDED READING

Recommend to read latest edition

PHYSIOLOGY

- 1. Textbook of Medical Physiology by Arthur Guyton, John E Hall
- 2. A Review of Medical Physiology by William F. Ganong
- 3. Principles of Physiology for the Anaesthetist by Ian Power and Peter Kam
- 4. Respiratory Physiology by John B West, Andrew M Luks
- 5. Applied Respiratory Physiology by J.F. Nunn

PHARMACOLOGY

- 1. Drugs in Anaesthetic Practice by M.D. Vickers, M. Morgan, PSJ Spencer, MS Read
- 2. Pharmacology & Physiology in Anaesthetic practice by Robert K. Stoelting, Simon C Hillier
- 3. Pharmacology for Anaesthesia and Intensive Care by Tom E. Peck, Sue Hill
- 4. Drugs and Anaesthesia. Pharmacology for Anaesthetists by Margaret Wood & Alastair Wood
- 5. Pharmacology by H. P. Rang, J. M. Ritter, R. J. Flower, and G. Henderson
- 6. Principles and practice of Pharmacology for Anaesthetists by Noman Calvey and Norton Williams

PHYSICS, CLINICAL MEASUREMENTS AND CLINICAL CHEMISTRY

- 1. Basic Physics Measurements in Anaesthesia by G.D. Parbrook, P.D. Davis, E.O. Parbrook
- 2. Principles of measurement and monitoring in Anaesthesia and Intensive Care by M.K. Sykes, M.D.Vickers, C.J. Hull, P.J Winterburn, B.J Shepstone
- 3. The physics, clinical measurement and equipment of anaesthetic practice for the FRCA by Patrick Magee, Mark Tooley
- 4. Scientific Foundations of Anaesthesia by Cyril Scurr, Stanley Feldman, & Neil Soni
- 5. Ward's Anaesthetic equipment by John TB Moyle, Andrew Davey
- 6. Statistics at Square one by Thomas Douglas, Victor Swinscow
- 7. Statistics at Square two By Michael J Campbell, T.D.V Swinscow